### Undergraduate Degree Program

**Program - CASE Physical Education: Sports and Fitness SLO (BS)**

#### Mission Statement
To prepare professionals who have the knowledge, abilities, and habits of mind to facilitate and enhance learning and development within diverse settings; promote and facilitate the discovery, development, documentation, assessment, and dissemination of knowledge related to teaching and learning in movement and fitness domains; and develop professional partnerships in the larger community.

**Teaching and Learning**

#### Outcomes
FIU graduates should be able to achieve the following:

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<tr>
<th>Content Knowledge and Skills (including Technology)</th>
<th>Direct Measures</th>
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<tr>
<td>As stewards of the discipline, BSPE Graduates will be able to demonstrate content knowledge in the subject area of Physical Education and/or Sports and Fitness.</td>
<td><strong>Procedure:</strong></td>
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<td><strong>Assessment Instrument:</strong> Rubric</td>
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<td><strong>Assessment Method:</strong> K-12 Artifact: Candidates will satisfactorily complete PET 4943, a 14 week internship, during their senior year. Students will be assessed by cooperating teacher and FIU supervisor on interpersonal/professional skills and behaviors, academic skills and behaviors, and classroom management skills and behaviors. The K-12 Artifact: Student Teaching Final Evaluation will be assessed using a 2-point rubric (Meets = 1pt., Does Not Meet = 0 pts.).</td>
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<td>Sports and Fitness Artifact: Candidates will satisfactorily complete PET 4946, a 400 hour internship, during their senior year. Students will be assessed by internship and FIU supervisor on professional performance, professional knowledge, professional personality, professional attitude, and portfolio. The Sports and Fitness Artifact: Sports and Fitness Intern Final Evaluation Form will be assessed using a 5-point holistic rubric (5=outstanding, 4=commendable, 3=average, 2=fair, and 1=poor).</td>
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<td><strong>Course Assessed:</strong> PET 4943, PET 4946</td>
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<td><strong>Sampling:</strong> All senior students will be assessed.</td>
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<td><strong>Minimum Criteria for Success:</strong> K-12 Artifact: Student Teaching Final Evaluation: Students will achieve a score of 1. Sports and Fitness Artifact: Sports and Fitness Intern Final Evaluation Form: Students will achieve a 3 or better on a 5-point rubric.</td>
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<th>Critical Thinking</th>
<th>Direct Measures</th>
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<td>As mindful educators, BSPE Graduates will be able to demonstrate professional and culturally sensitive behaviors by developing lessons that address the needs of diverse students participating in physical activities.</td>
<td><strong>Procedure:</strong></td>
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<td><strong>Assessment Instrument:</strong> Rubric</td>
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<tr>
<td><strong>Assessment Method:</strong> Artifact: While enrolled and participating in PET 4929 (Senior Seminar) BSPE candidates will develop, present and defend their activity choices and teaching methods for developing and delivering a movement and/or fitness related lesson to students from diverse backgrounds.</td>
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<td>Evaluation Procedure: Candidates’ critical tasks will be evaluated using a holistic rubric that measures:</td>
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1. Evidence of attention to diversity and human development.
2. Evidence of awareness of ethics
3. Goals and Objectives and attention to the role of the teacher or fitness leader.

**Course Assessed:** PET 4929  
**Sampling:** All students grouped by teams.  
**Minimum Criteria for Success:** Students will achieve a 2 or better on a 3-point rubric:

1 = Limited  
2 = Proficient  
3 = Mastery

### Reflective Inquirers

As reflective inquirers, BSPE Graduates will be able to apply human development theory and research-based practices, strategies, and techniques related to the psychomotor domain while working with K-12 students, teachers, parents or exercise participants.

**Procedure:**

**Assessment Instrument:** Rubric  
**Assessment Method:** During their final semester, BSPE candidates will complete a student internship, PET 4943 (student teaching) or PET 4946 (sports and fitness internship). BSPE candidates will develop and implement a small group instructional plan in either fitness or motor skill development for a minimum of 5 students (K-12), or create a portfolio containing exercise plans developed throughout the semester. The plan will be specific to developing and improving the cognitive, social and physical fitness attributes of each student.

Evaluation Procedure: critical tasks will be evaluated using a rubric that measures:

1) organization  
2) exercise prescriptions or movement lesson plan  
3) activity implementation  
4) participant assessment  
5) description and analysis of data  
6) reflection of implementation

K-12 (PET 4943) students will be evaluated using a 2-point rubric (Meets = 1pt., Does Not Meet = 0 pts.).

PET 4946 students will be evaluated using a 3-point rubric (3=mastery, 2=proficient, 1=limited).

**Course Assessed:** PETA 4943, PET 4946  
**Sampling:** All students.  
**Minimum Criteria for Success:** PET 4943: Students will receive a score of 1. PET 4946: Students will achieve an average score of 2 or better on a 3-point rubric.

### Communication (Oral or Written)

**Professional Communication**

As mindful educators, BSPE Graduates will be able to demonstrate professional communication with students, supervisors, and parents verbally and in writing.

**Procedure:**

**Assessment Instrument:** Rubric  
**Assessment Method:** While enrolled and participating in PET 4050 (Motor Learning & Development) BSPE candidates will develop, present and defend their activity choices and teaching methods for developing and delivering a movement and/or fitness related lesson to students.

Evaluation Procedure: Candidates’ critical tasks will be evaluated using a rubric that measures:

Writing Style
Course Assessed: PET 4050
Sampling: At least 10 students or 10% of candidates, whichever is greater.
Minimum Criteria for Success: Students will achieve an average score of 2 or better on a 3-point rubric:
1 = Limited
2 = Proficient
3 = Mastery